

You Are Not Alone



AN INFERTILITY SUPPORT GROUP

Infertility affects one in six women in the U.S., and navigating the emotional, physical and mental challenges can often feel isolating. If you are struggling with infertility, don't go through it alone.

Join EACC Counselor Hallie Keel, Perinatal Mental Health Certified Counselor, for a confidential, member-led virtual discussion. This is a safe space to share your experiences, explore your feelings, and connect with others who truly understand the journey. Together, we will discuss the ups and downs, the challenges, and the hope that exists in the process of building a family.

WHEN & WHERE:

Group meets the second Tuesday of the month, starting July 14, 5-6 p.m., via Zoom

WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

REGISTRATION:

First-time participants must complete the Group Counseling Intake Form at go.uab.edu/eaccforms. You will receive a confirmation email and Zoom link within three business days of submitting your form. To request disability accommodations, email HRAWARE@uab.edu.