



Bio-Analytical Redox Biology (BARB) Core

A Diabetes Research Center Metabolic and Redox Sub Core (NIDDK P30DK079626) and UAB Institutional Research Pilot Core.

Also supported by the Heersink School of Medicine and the Nutrition Obesity Research Center (NIDDK P30DK056336).

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Highlights

Lab Clean/Close Outs

State-of-the-Art Equipment, Materials & Facilities

- Psychological/Physiological Stress
- Mitochondrial Electron Transport Chain (ETC) Kinetics
- Mitochondrial Function & Oxidative Stress
- High Resolution Respirometry (Oroboros Oxygraph 2k)
- Extracellular Flux Analysis (Seahorse XFe96)
- Mitochondria Isolation



Service Request Form

Comprehensive Training

Consultations with Expert Staff

- Experimental Design, Troubleshooting & Data Interpretation.
- Grant Writing (strong letters of support, assay design, methods, budgeting, technical advice, collaboration).

All BARB Core Assays are of the highest quality, rigorously optimized, reproducible and standardized.

Lab Clean/Close Outs

We help reclaim valuable lab space quickly and safely. Whether you're closing out a lab, preparing for renovations, or transitioning to new research teams, our platinum-certified team handles:

- Biohazard & chemical waste removal
- Chemical manifesting & packing
- Equipment decontamination & surplus tagging
- Glassware cleaning & donation to UAB Green Labs
- EH&S coordination & compliance documentation

What UAB Colleagues Are Saying:

- "BARB Core saved me 30-35 hours of work." - Kevin Speed, Dept. of Neurobiology
- "They've flipped 10 labs for us since 2023. That's four weeks of work saved!" - Julia Tolbert-Jackson, School of Health Professions
- "I'm deeply appreciative of your incredible guidance and support." - Faith Lang, Dept. of Medicine

Affordable & Transparent Pricing

- Flat hourly rate per team member
- Flexible staffing: 1-3 team members work simultaneously to speed up cleanouts without increasing cost

Sustainable & Strategic

- Reuse and redistribute equipment and consumables
- Partner with UAB Green Labs for eco-friendly disposal
- Support UAB's Forging Ahead strategic goals

How to Get Started

- Fill out our quick request form (QR code in Highlights Section)
- Schedule a free 15-minute Zoom consultation
- We coordinate with EH&S and begin cleanout



Cortisol – Chronic Stress

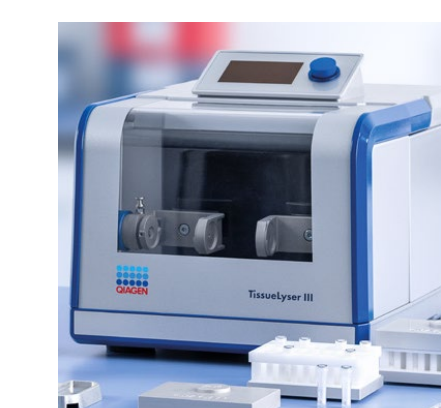
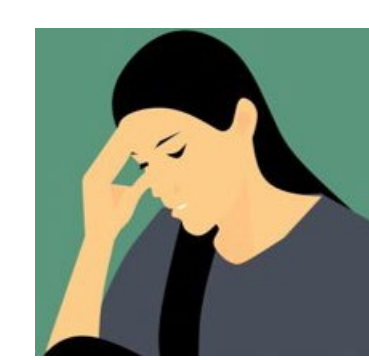
Cortisol is extracted from human nails (finger and/or toenail) and/or hair to measure cortisol levels as a biomarker of stress.

Samples: human hair (3 cm length from scalp, 0.65 cm in diameter), finger/toenails (25-50 mg)

Sample Preparation: Non-invasive, collected, stored and shipped to the BARB Core at room temperature, using regular mail, without any special biohazard requirements or costs.

Equipment: Qiagen TissueLyser III, Biotek Synergy 2 Multi-mode microplate reader.

Publications: References 1 - 6.



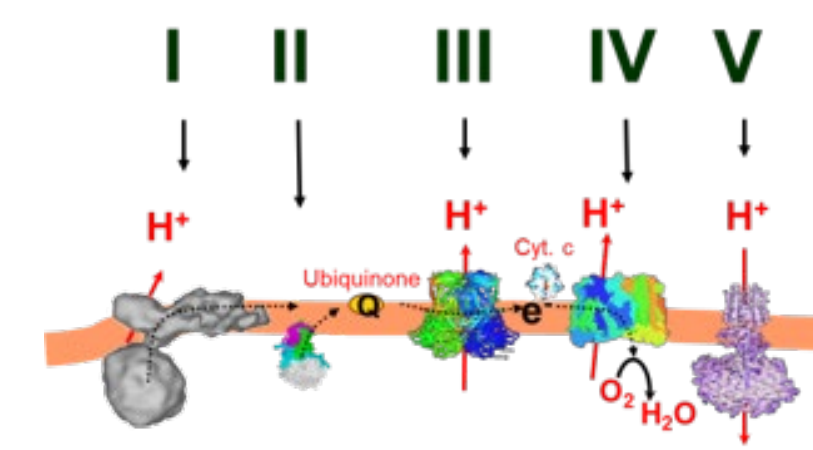
Mitochondrial ETC Kinetics

Homogenate/isolated mitochondria can be analyzed for differences in kinetics of each mitochondrial ETC complex in experimental samples compared to controls. Citrate synthase can also be measured as a surrogate for mitochondrial content.

Samples: fresh or frozen tissues or cells (human, rodent, fish, *Drosophila*)

Equipment: Beckman DU 800 Spectrophotometer, Custom-Built Mitochondrial Isolation Stations with Recirculating Chiller

Publications: References 7 - 13.



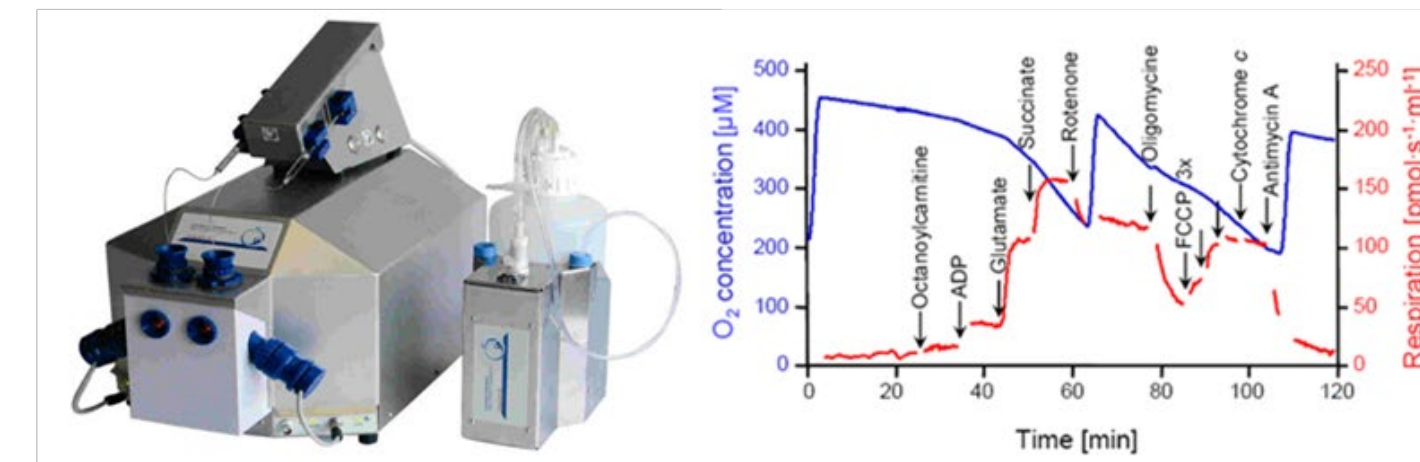
High Resolution Respirometry (HRR)

Mitochondrial function or dysfunction in freshly excised, permeabilized tissue or isolated mitochondria is measured in experimental versus control samples.

Samples: fresh, permeabilized, *ex vivo* tissues (human muscle, rodent renal cortex, medulla, and microvessels, embryonic and adult heart, gastroc and soleus muscle, hippocampus, bladder, liver) or isolated mitochondria (rodent, fish, *Drosophila*)

Equipment: 3 x Oroboros Oxygraph-2k Fluorometers (LED2-Module Amperometric Add-On)

Publications: References 8, 9, 11, 15 - 20.



Mitochondrial DNA (mtDNA) DAMPs

Cell-free mtDNAs are damage-associated molecular patterns (DAMPs) and biomarkers of inflammation, aging and many other diseases.

Samples: frozen serum/plasma (human, mouse)

Equipment: Applied Biosystems StepOnePlus Real-Time PCR System, Applied Biosystems DynaMag Magnet, Biotek Synergy 2 Multi-Mode Microplate Reader, LabNet Plate Spinner

Publications: References 21 & 22.



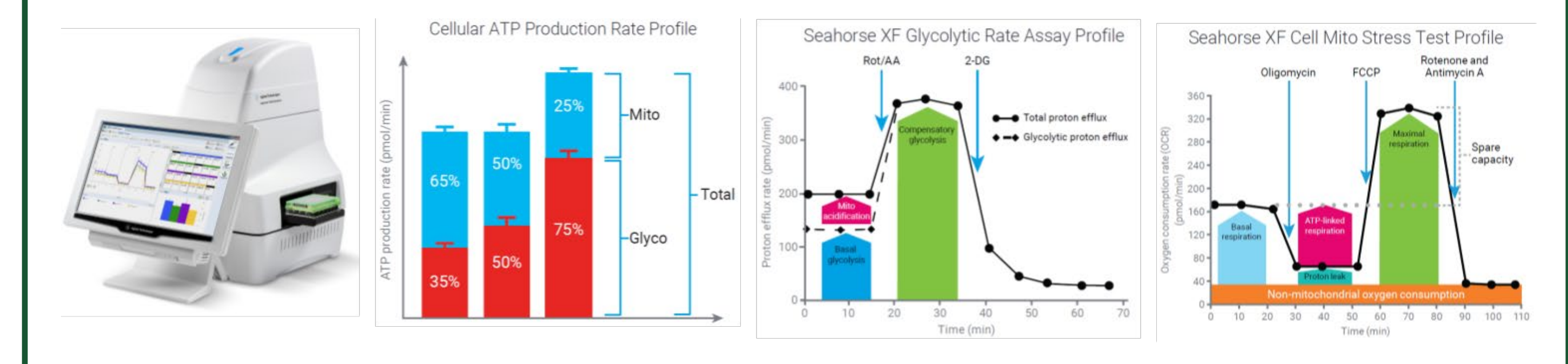
Seahorse Extracellular Flux

Mitochondrial respiration and glycolysis is measured simultaneously in a high throughput 96-well format in adherent cells.

Samples: cultured cells or freshly isolated mitochondria (human, rodent), mycoplasmas.

Equipment: Agilent Seahorse XFe96, high throughput, 96-well format

Publications: References 10, 15, 20, 23 - 31.



Redox Assays

Catalase

Samples: plasma, serum, homogenate

Glutathione Tietze (GSSG and GSH)

Samples: plasma, whole blood

Glutathione Peroxidase (GPX)

Samples: plasma, homogenate

Total Antioxidant Capacity (TAC)

Samples: plasma, serum, urine, saliva

Ferric Reducing Antioxidant Power (FRAP)

Samples: plasma

Publications: Reference 32.

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