

Knowledge that will change your world

## **Preparedness Worksheet**

## Academic (Objective) Metrics

Who could be a physician?

MCAT 

Predicts performance on USMLE Step 1

29.2-30.9 and 507 (new MCAT) School of Medicine class average for matriculating applicants 24 or 495 (new MCAT)

Minimum total MCAT score given consideration

#### GPA

Predicts potential for success in medical school curriculum

3.70 – 3.78	Overall GPA average for School of Medicine matriculating applicants
3.67-3.73	Average BCPM GPA for School of Medicine matriculating applicants

### **Rigor of Academic Curriculum**

Including science and other courses

# Non-Academic (Subjective) Attributes and Experiences

### Who would be the **best** physician?

#### Desirable personal attributes

Responsible to self and others, honesty, integrity, empathy, compassion, reliable, dependable, resilience, adaptability, self-aware, socially and culturally competent, effective team member, capacity for improvement

#### Communication skills & personal interview $\square$

Overall ability to communicate effectively and specific ability to convey a realistic understanding of patient's experiences in the doctor-patient relationship; know the importance and the qualities of skillful listening

#### Service & volunteer experiences

Evidence of a demonstrated concern for others, particularly with unmet needs, through a pattern of on-going, face-to-face, hands-on service

#### Shadowing

To develop an understanding of the patient-doctor relationship; to begin to develop insight into the patient's experience in the patient-doctor relationship; shadowing is essential to be considered competitive for admission; shadowing primary care physicians (family medicine, internal medicine, pediatrics) is highly recommended as this provides the best opportunity for observing the patient-doctor relationship

#### Medically related experiences

To better understand what is involved in caring for patients and how medical services are delivered

#### Extracurricular & campus activities / Work experience $\square$

As we all have the same amount of time, how have you invested your time in extracurricular activities and work experience?

#### **Research** experience

Opportunity to develop fundamentals of scientific inquiry important for evidence-based medicine

### Leadership roles

Leadership is highly desirable in roles with responsibility for developing and promoting service to meet unmet needs, oversight of significant financial and/or people resources

- Contribution to a diverse and creative class experience
- Potential to meet unmet medical service needs
- Letters of recommendation  $\square$
- Distance traveled to overcome adversity

Notice to applicants: Feedback from the Admissions Committee is provided as a service to aid them in potentially strengthening their applications for the coming admissions year. It is important to be aware that there is no assurance that the applicant will be admitted if all items of feedback are addressed the applicant. Since each application year is a difference experience and the applicant will be evaluated in light of the applicant pool each admissions year, addressing the recommended improvements may not be adequate to achieve admission in a subsequent year. Given the number of variables in the admissions process it is impossible to predict with certainty that an applicant will be successful based on addressing identified areas of weakness in their applications. Re-applicants are advised to maintain ongoing medically related and service activities in order to be competitive. Commitment to become a physician is demonstrated by continued actions to improve one's application.

### Who **could** be a physician?

Anyone who can academically obtain a medical degree and pass the USMLE.

### Who would be the best physician?

Someone who has invested time in experiences that demonstrate passion for others and for medicine.